

Teach us to *Pray* Lament



SPARK
KIDS ONLINE

**Have you heard we will be
on zoom TODAY?**

**Contact Jules for more details at
j.barnard@gwac.org.au**

3pm Sundays

LAMENT

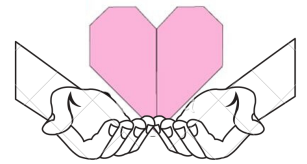
This week with your family
talk about how we can be
Humbly before God.
Have a look at our family
conversation starters.

This week they are

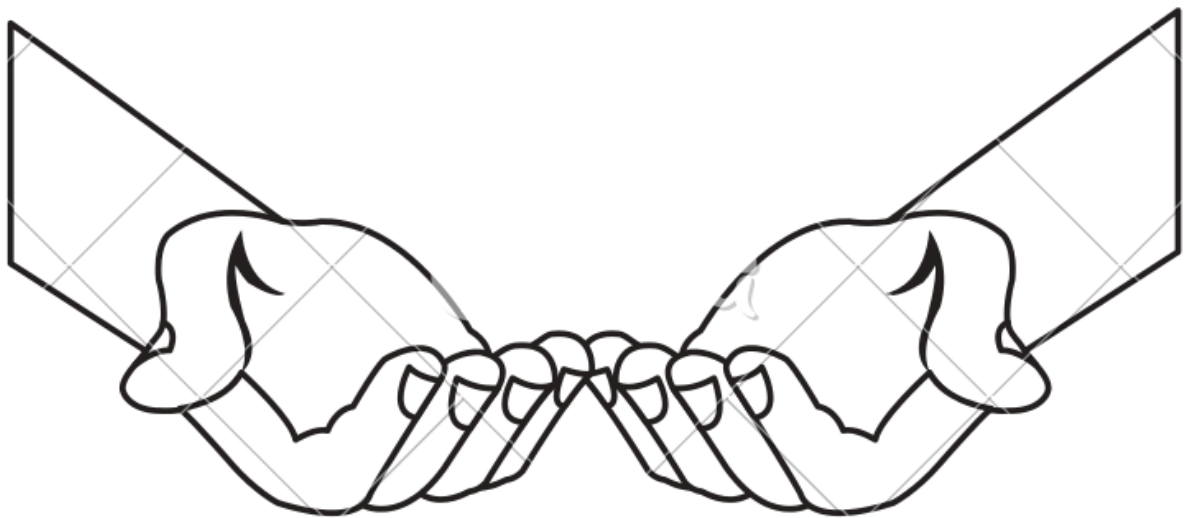
RED!

Today we are hearing about a type of
Prayer called lament. Lament is a way
that we can share all our doubt,
emotions and cry out to God, trusting
that he will take care of each one of us.

Today we are making something that can help
remind us that God is able to help us work though
any of our emotions. We are precious to him, so he
holds us close to him.

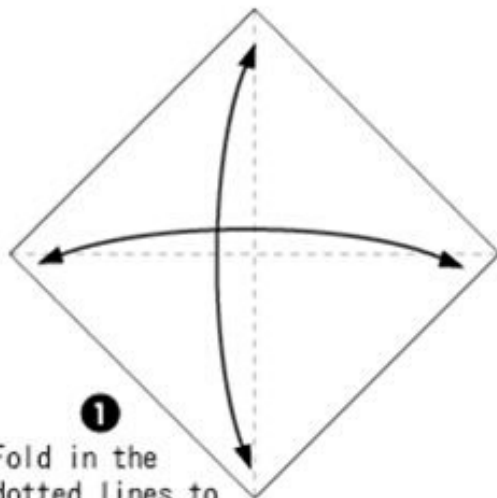


Teach us to
Pray

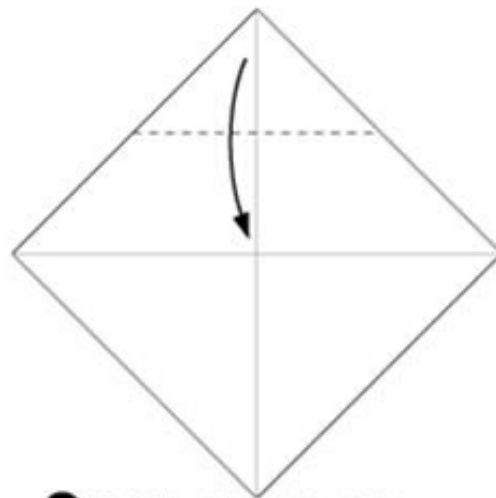


Teach us to
Pray

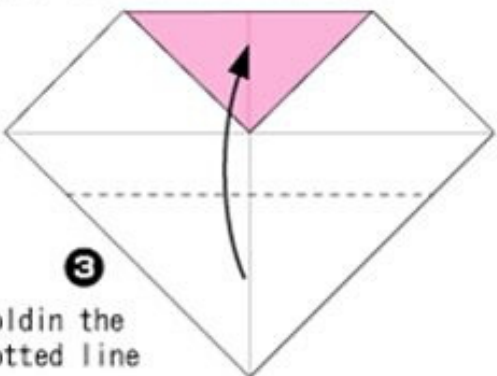
Here are the instructions to
make the origami heart.



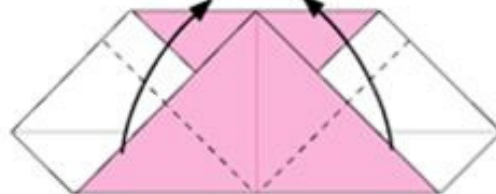
Fold in the
dotted lines to
make creases and fold back



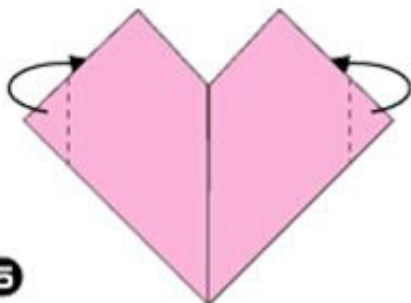
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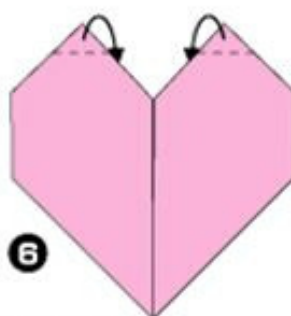
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dotted line



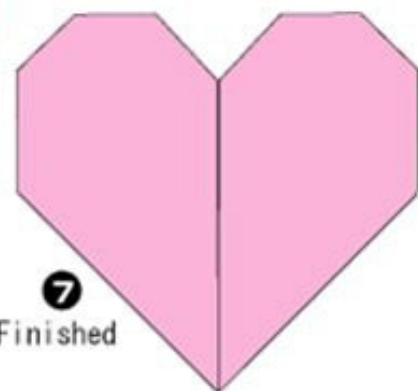
Fold in the dotted lines



Fold backward in
the dotted lines



Fold backward in
the dotted lines



Finished

An Easy Heart



What is something that you are upset about that you can share with God?

Lament

TEACH US TO
pray

Matt 6: 9-13

"This, then, is how you should pray: 'Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one.'