

June 2019

DATES & TIMES

TRAIN YOUR BRAIN

At our May Meeting the TYB/EDI Team discussed some feedback we had received about the Theory Spot's scope of topics. We

thought it needed greater breadth to give it a bit of a freshen up. The Theory Spot will become **The Topic for the Month** which will give us the opportunity to extend the scope of topics. We will still include health issues in the mix. Watch this space in the months to come.

In June, our **Topic for the Month** will be Safety in the Home – Part 2. The alternative title is: What Have You Learnt? What Have You Done? Don Mahaffy will lead this sharing of information. Please bring along your ideas and share your actions both actual and intended.

We will be in month 2 of this cycle of activities. Your choices for the Activity Spots are: Mixed Skills, Jamaica (Numbers), Quiddler (Word), Tayu (Perception), Scattergories (Memory). Which two will you choose? The location of the Activity Spot activities will remain in the same spots we used last month.

Sarah will help us to keep our fitness levels up.

EASY DOES IT

Our two EDI continue with Sarah and William. The first session is free, then \$5 per session.

Remember EDI will not run on Monday June 10. (Queen's Birthday)

MATESPLUS

On Thursday June 20, MatesPlus will visit the Maritime Museum at Polly Woodside. The cost is \$12. Lunch at your own expense is at a

café called the Boatbuilders Yard. The group will meet at Glen Waverley Train Station at 9.30am.

Contact: Russel Mills – 9764 4415

TYB

June 1, July 6, August 3
8.30am – 12noon

EDI

Each Monday at 1.30pm
except public holidays

CREATIVE CRAFT GROUP

June 19, 8pm – 10pm
Contact Lesley – 9803 1245

MATESPLUS

Maritime Museum June 20
Contact Russell – 9764 4415

GWAC WALKERS

St Kilda Beach to Southern Cross (8km) June 22
Contact John – 9560 6136

PRAYER MINISTRY

Praise in Song, noon – 1pm
June 1

Each Tuesday Prayer Ministry, 1 – 2pm (in the Chapel)

ENQUIRIES

tyb.edi@gwac.org.au

CREATIVE CRAFT

Last month these “crafty” ladies covered boxes with a paper mosaic. (Top right.)
Now the tasks they undertake are always easy, so everyone can achieve rewarding results.



At their next meeting they will create an attractive garden pot. (Bottom right)

Why not come along and join them and perhaps surprise yourself with your own creative skills.

Wednesday June 19 at 8 pm in Meeting Room 2

Contact Lesley for details – 9803 1245

GWAC WALKERS GROUP

On June 22, the GWAC Walkers next will take an easy 8km from St Kilda Beach to Southern Cross.

Meet at GWAC Carpark 8:15 AM

Contact: John Butcher – 9560 6136.

PASTOR'S REFLECTIONS

(Rev. Bree Mills)

Moving Learning to Action

As a mum of three young children, the disconnect that often exists between our learning and action has become quite clear. Children knowing that their dishes need to go into the dishwasher and children actually *putting* their dishes into the dishwasher are two very different things, as many of you



would attest. Even as adults I think we often also learn new information yet fail to put it into action. For example, I know not to run quickly down a set of stairs yet last November I damaged my shoulder falling down a set of stairs because I was hurrying. There is a real risk that things we learn or know, are not reflected in the actions we take.

Last month Don spoke about the importance of ‘Safety in the Home’ and I wonder, how much of that have you put into action? With so much going on in our lives (and I hear retirement is just as busy!), it is hard to find the time to implement changes in our lives. They may require purchasing new items or retraining ourselves in how we do everyday practices, and this takes significant investment.

Jesus also calls us not just to learn about him, but to model our life and actions on him. Jesus doesn't call us simply to think about how we should love one another, but to demonstrate that love in action. The way we grow in maturity, spiritually or otherwise, is not simply by learning many new things, it is by putting that learning into action. May God bless you in the month ahead as you seek to put what He is teaching you into action in your life.

Blessings

Bree Mills.

Glen Waverley Anglican Church, St Barnabas Ministry Centre, 800 Waverley Rd, Glen Waverley, 3150

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PRAYER MINISTRY

Our Monthly Praise in Song will move back into the Auditorium for their June gathering. Remember it starts at 12 noon and finishes at 1pm with light refreshments to follow in the Fellowship Area.

The regular weekly Prayer Ministry in the Chapel follows on from the refreshments.

QUIZ CORNER GROUP

Try to solve these various puzzles. Solutions will be on display at TYB (Train Your Brain) on June 1.

Anagrams for you to try. When you rearrange the letters what do you get?

PRESBYTERIAN

ASTRONOMER

THE EYES

THE MORSE CODE

DORMITORY

ANIMOSITY

ELECTION RESULTS

SNOOZE ALARMS

A DECIMAL POINT

ELEVEN PLUS TWO

ARBITRARY UNION

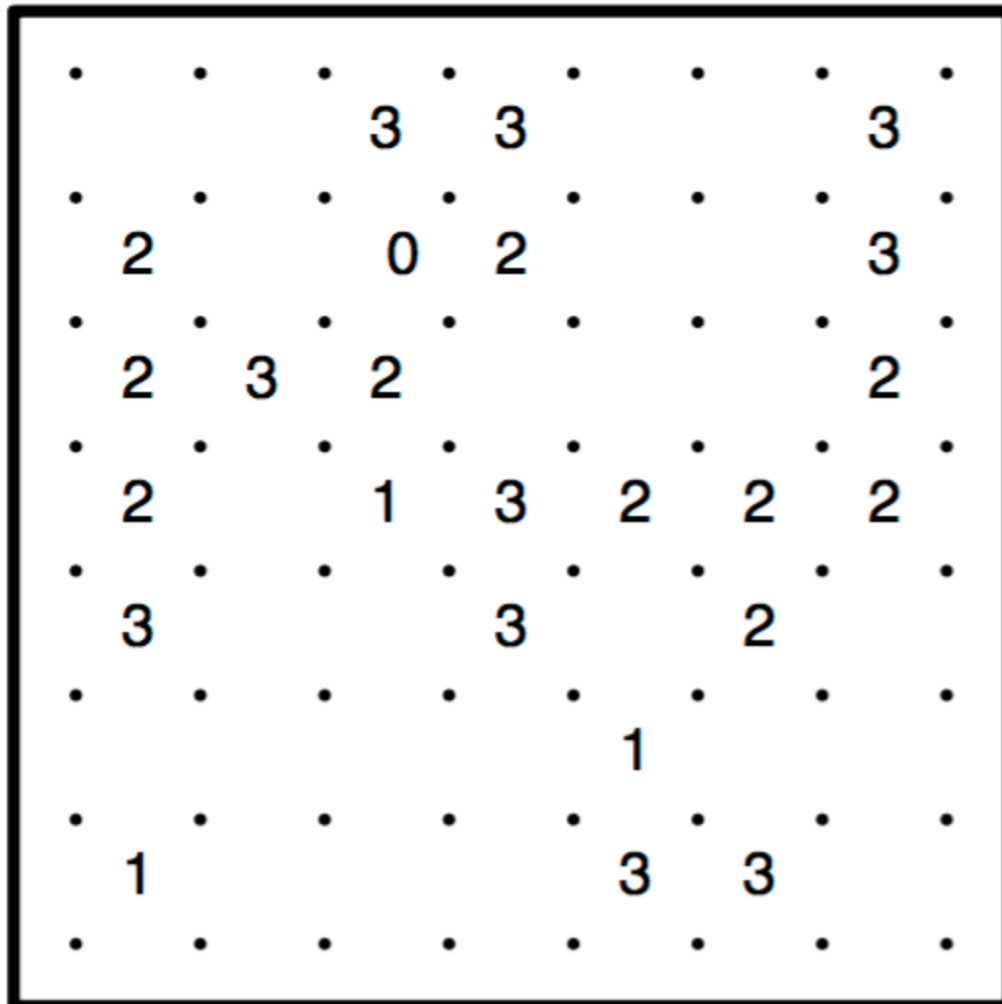
Let's try a new puzzle this month. We have done Slitherlink in Paper Puzzles when it was one of the Activity Spot activities.

Here are the rules:

In a Slitherlink Puzzle, you connect horizontally or vertically adjacent dots to form a meandering path that forms a single loop, without crossing itself, or branching. The numbers indicate how many lines surround each cell. Empty cells may be surrounded by any number of lines (from 0 to 3).

There is one unique solution, and you should be able to find it without guessing. You may find it helpful to make small x's between dots that cannot be connected.

Slitherlink #1



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